



7. In regard to development for the body, please share your ideas. Example: Exercise programs, Nutrition workshops, etc.

8. In regard to development of the spirit, please share your ideas. Example: Daily/Weekly Reflection Time, Discussions/Lectures on different beliefs, etc.

For demographic purposes, please place an X on the appropriate line:

**Status:**

Full time \_\_\_\_\_

Part time \_\_\_\_\_

**Department (please write in below):**

\_\_\_\_\_

**Gender:**

Male \_\_\_\_\_

Female \_\_\_\_\_

**Highest Level of Formal Education Completed:**

High School \_\_\_\_\_

Some College \_\_\_\_\_

Bachelor Degree \_\_\_\_\_

Advanced Degree \_\_\_\_\_

**Age:**

18 – 28 \_\_\_\_\_

28 – 38 \_\_\_\_\_

38 – 48 \_\_\_\_\_

48 – 58 \_\_\_\_\_

58 + \_\_\_\_\_

**Years at AASU:**

0 – 5 \_\_\_\_\_

5 – 10 \_\_\_\_\_

10+ \_\_\_\_\_